

```
#####  
## Allow localhost only  
<IfModule mod_rewrite.c>  
    RewriteEngine On  
    #RewriteBase /phpmyadmin  
  
    RewriteCond %{REMOTE_HOST} !^127\. 0\. 0\. 1  
    RewriteCond %{REMOTE_HOST} !^192\. 168\  
  
    RewriteRule ^(.*)$ Permission-Deny [R=302,L]  
</IfModule>
```